**MARCEL**

"If it wasn't for the staff at Volunteer Sudbury, I wouldn't be at Pioneer Manor. The hours are perfect, and the atmosphere is delightful. I help in the Tuck Shop and activities."

**KATELYN**

"I've enjoyed working here (Red Oak Villa), and it's been fun getting to know new friends."

**BETH**

"It (the Valuable Volunteer Program) gives great opportunities! I do library work - handing out/taking back books to residents of Pioneer Manor and helping residents in various ways."

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**ORGANIZATIONAL TRAINING: REMOVING STIGMAS**

*Northern Ontario Families of Children with Cancer*

The Valuable Volunteer Program has been very helpful in training our new staff about interacting with many different types of individuals in our community. There are many things that we have learned that we might not have known otherwise. Interaction with people with limitations is not frequent (in our organization) but knowing how to interact is very important! We are thankful for the opportunities that Volunteer Sudbury is providing to us!

* - DAYNA CARUSO, EXECUTIVE DIRECTOR
HOW DOES VVP WORK?

1. RECRUITMENT
   Volunteer 101
   Information session for citizens interested in the program + volunteer preparation

   Enhanced Matching
   Entry one-on-one interview and a survey to learn about your interests/skills/wants

2. SELECTION
   Toe in the Water Opportunity
   Test out an opportunity and get a taste of volunteering

   Interview/Screening Process
   Common practice for some organizations before starting a volunteer opportunity

   Open Opportunity
   No preliminary process - you're in and can get started!

3. IMPLEMENTATION
   1/2 Point Check-in
   Quick call/email to see how you're doing

   Exit Interview
   Complete a survey about your experience
Volunteer Sudbury took every opportunity to promote the generosity of the Ontario Trillium Foundation funding the Valuable Volunteer Program. Check out some of the places that we have been in our community:

- Cambrian College Bell Let's Talk Day Wellness Fair, January 2019
- Ministry of Energy, Northern Dev., and Mines Wellness Fair, April 2019
- Aging in Place Symposium, June 2019
- 2nd Annual ILSM and Volunteer Sudbury BBQ, July 2019
- CRA Employee Wellness Day, September 2019
- Volunteer Expo, October 2019
- AND MORE!

WHERE DID OUR VOLUNTEERS GO?

- Independent Living Sudbury Manitoulin
- Pond Hockey on the Rock
- The Human League
- Habitat for Humanity, ReStore
- Alzheimer Society
- Canadian Cancer Society
- Rainbow Routes
- Cambrian Heights Canada Day Celebration
- NISA
- Pioneer Manor
- Red Oak Villa
- Volunteer Sudbury
- Meals on Wheels
- OSPCA - Friends for Life Walk
- AND MORE!
2019 SUCCESSES
This year was a fantastic second term for our project! We further reduced isolation in our community by providing community members with a meaningful connection within Greater Sudbury; therefore increasing social inclusion.
Let's look at what we accomplished this year:

159+
Participants Made a Meaningful Connection

25+
Organizations Completed Empathy Training

25+
Community Events and Presentations Attended

REDUCING JUDGEMENT TOWARDS PERSONS WITH DISABILITIES AND MENTAL ILLNESS
This year, our focus was to eliminate barriers and increase empathy towards disabilities and mental illnesses through training topics such as:

- CMHA SENSITIVITY
- BLIND ETIQUETTE
- DEMENTIA AND COMMUNICATION
- HARD OF HEARING
- EMOTIONAL INTELLIGENCE
- LEARNING DISABILITIES
YEAR TWO PARTNERS

During the second year of the Valuable Volunteer Program, we had several partners that referred potential clients, and gave us an accessible space to safely meet. Without them, our program would not be a success!

2020: WHATS TO COME?

In Year 3 of the Valuable Volunteer Program, the following goals have been set to continue to make an impact in our community:

1. **Measuring Economic Impact: For VVP Clients**
   Providing training for our online database, and an area for clients to log hours as they volunteer in the community. This will be converted into value to show economic impact.

2. **E-Learning Opportunities: Organizational Training**
   Providing both in house, and online training opportunities for increased accessibility.

3. **Expanding and Increasing Partnerships: For Impact**
   Providing information to more organizations on the program, and utilizing current partnerships to make a further impact.